

Life With Chronic Illness

A Counseling Group for Those Learning to Navigate Life With Chronic Illness

This program is based on a model of wellness and addresses different elements that impact overall levels of wellness. Some areas addressed include emotional well-being, coping skills, and self-care.

Group meets once a week for two hours - for eight consecutive weeks. This program is currently offered several times a year.

Group led by Kimberly Perry, MS, LPCA
at Worth of Souls Counseling Services
1100 S. Stratford Rd, Suite 302C
Winston-Salem, NC 27103



Rate - \$200 Per Person

Payment due in full by the Friday prior to group start date.

*Payment is non-refundable after the payment deadline. Accepted Methods of Payment:
Cash, Check or Credit card*

Rate Includes:

Eight Sessions of Group Counseling
Psychoeducation Related to Living With Chronic Illness
Introduction to Various Types of Coping Skills
All Course Materials / Supplies / Handouts

Kimberly has personal experience living with chronic illness and understands how frustrating it can be. While she enjoys helping her clients with various life experiences and personal concerns, Kimberly has a special interest in working with people who are dealing with chronic illness.

Call Kimberly today at **336-745-5584** for a free phone consultation to find out if this group is a good fit for you. Please leave a message if your call goes to voicemail and Kimberly will return your call.

Group must have a minimum of 5 members - with a maximum of 8 members. If minimum number of group members is not met, the group will be cancelled and payment will be refunded in full to anyone who has registered.